

# About Us

VOTO Health Care, Inc. is locally owned and operated, dedicated to providing excellent care to private home individuals as an alternative to a nursing or assisted living facility.

Our office services the greater King, Kitsap, Pierce, Skagit, Snohomish, Thurston, and Benton counties in Washington State.

If you or a loved one are having difficulty with your daily activities, restricted mobility, or have recently been informed of a debilitating diagnosis, call VOTO Health Care, Inc. for a personal and confidential consultation today.



# VOTO HEALTH

## Our Mission

Our mission at VOTO Health Care, Inc. is to provide comprehensive, quality home health care services that meet your individual needs.

VOTO Health Care Inc.'s trained and committed professional staff aim to provide you and your loved ones with excellent, reliable health care in the comfort of your own home.

## Contact Us

If you have any questions or would like further information, please do not hesitate to contact our office.

**Phone:** 253-735-4282

**FAX:** 253-833-8933

**Website:** [www.votohealth.com](http://www.votohealth.com)

**Email:** [Services@votohealth.com](mailto:Services@votohealth.com)

**Mailing Address:**

Voto Health Care, Inc.

P.O. Box 134

Auburn, WA 98071-0134



*Quality Care*

*One Step At A Time*



## Our Staff

VOTO Health Care staff are dedicated, trained, licensed nurse, therapists, and caregivers who complete a rigorous application process including:

- License and education verification
- Thorough background check
- DMV record check
- Drug screening
- Competency exams and checklists
- On-going education and training

VOTO Health Care's administrative and clinical staff are ready to serve you and your loved ones today.

## Quality Care

- Alzheimer's
- Dementia
- Companionship
- Hospice Care
- Personal Care
- Physical Therapy
- Respite Care
- Post Operative Care
- Meal Preparation
- Adult Day Care
- Housekeeping
- Non-Emergency Transportation
- Live-In/Live-Out
- 24 Hour Service

**VOTO Home Health Care Services** help patients recover in their own homes. Our staff includes nurses, therapists, aides, and domestic service providers working as a team to help patients and their families.

### Who Can Refer You to VOTO Health Care?

Just about anybody—your doctor, family, friends, and even you can refer yourself to VOTO. Insurance companies, nursing homes, hospitals, and rehabilitation units may also refer you. Doctor's orders are required to start home health care.

### Who Can Have Home Health Care?

VOTO can provide home healthcare to many patients including:

- Teenagers
- Adults
- Elderly Adults
- First-Time Mothers
- Pregnant Women



## and Services

Below is detailed information on some of the services VOTO Health Care, Inc. provides:

**Skill Nursing:** Registered Nurses (RNs) and Licensed Practical Nurses (LPNs) work with your doctor to provide home health care services. Their assessment, skilled treatment, and support provide the high quality care you need to recover at home. A Registered Nurse is available for admission, urgent situations, and questions 24 hours a day.

**Home Health Aides:** VOTO's Home Health Aides (HHAs) are well trained assistants who assist with activities such as bathing, dressing, and meal preparation under the supervision of an RN.

**Occupational Therapy:** Occupational Therapists help patients regain day-to-day skills such as eating, dressing, housekeeping, and personal hygiene.

**Physical Therapists:** Physical Therapist will come to our home to provide therapy such as therapeutic exercising, gait training, and instruction in using a walker or cane.

**Speech Therapy:** Speech Therapists can help patients improve speaking or swallowing problems.

**Medical Social Workers:** Medical Social Workers can help patients and their families with community resources and social, religious, familial, and personal needs.

**Equipment and Supplies:** Our staff can help coordinate the purchase of medical supplies and can assist with the training and usage of the supplies needed.